

# TRACEN Petaluma Haley Hall Dining Facility

**01DEC25 - 07DEC25**

3	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
<b>M O N D A Y</b>	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN APPLE / CHORIZO LINKS HASH BROWNS CHOCOLATE CHIP PANCAKES BACON AND CHEESE QUICHE	VARIES 110 VARIES VARIES 78 180 151 210 320	CALDO GALLEGO LAMB TAGINE SEARED CHICKEN BREAST W/ TARRAGON CREAM SAUCE ROASTED RED POTATOES BASMATI RICE BROCCOLINI W/ LEMON CRUMBS BRAISED BRUSSEL SPROUTS NAAN BREAD  <u>PLATED ALTERNATIVE</u> MOROCCAN TAGINE W/ CHICKEN & BASMATI RICE	210 400 220  120 235 68 80 95	POLLO AL LIMONE PARMESAN FINGERLING POTATOES TORTELLINI W/ PESTO SAUCE STUFFED PORTOBELLA MUSHROOMS GLAZED ROOT VEGETABLES FRENCH BREAD	300 190 145 60 80 80
	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / SAUSAGE PATTIES SHREDDED HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY	VARIES 158 VARIES VARIES 78 92/180 180 210 386	AJIACO SOUP CUBAN MOJO PORK MOJO CHICKEN ARROZ AMARILLO CILANTRO LIME BLACK BEANS GRILLED ZUCCHINI TRI COLORED PEPPERS PLATANO FRITO  <u>PLATED ALTERNATIVE</u> CUBAN SANDWICHES W/ TOSTONES	203 210 220 133 305 40 101 150	HOMESTYLE MEATLOAF GARLIC MASHED POTATOES BROWN GRAVY CREAMY MAC & CHEESE CORN ON THE COBB ROASTED ASPARAGUS DINNER ROLLS	350 250 75 325 63 98 80
<b>W E D N E S D A Y</b>	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS TURKEY / MAPLE PORK SAUSAGE LINKS HASH BROWNS BLUEBERRY PANCAKES GRILLED SPAM JASMINE RICE	VARIES 142 VARIES VARIES 78 180 110 210 180 200	ITALIAN WEDDING SOUP MAPLE MUSTARD CHICKEN BRAISED BEEF SHORT RIBS BAKED POTATO BAR CREAMY POLENTA ROASTED PARMESAN CAULIFLOWER SAUTEED GREEN BEANS BREADSTICKS  <u>PLATED ALTERNATIVE</u> SEARED SCALLOPS W/ POTATO COINS	185 493 190 165 298 155 35 87	CRANBERRY GLAZED PORKLOIN CRANBERRY GLAZED CHICKEN SAVORY STUFFING ROASTED PEBBLE POTATOES STEAMED BROCCOLINI HONEY GLAZED CARROTS HOT DINNER ROLLS	280 168 200 120 90 80 80
	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / HOT SAUSAGE LINKS GOLDEN HASH BROWN PATTIES BUTTERMILK PANCAKES BREAKFAST SANDWICHES	VARIES 110 VARIES VARIES 78 92/180 180 210 340	MISO SOUP BEEF TEPPANYAKI JAPANESE YAKITORI CHICKEN STEAMED CALROSE RICE YAKISOBA (STIR FRY NOODLES) SAUTEED SNAP PEAS MISO GLAZED ROOT VEGETABLES CRISPY GYOZA PLATED ALTERNATIVE <u>TEMPURA SHRIMP W/ JAPANESE VEGAN CURRY</u> (CRISPY TOFU ALT.)	280 367 300 165 170 80 47 VARIES 212	BATTERED FRIED FISH LEMON PEPPER CHICKEN SPICY RED BEANS WHITE RICE SIMMERED COLLARD GREENS CAJUN MUSHROOMS CHEDDAR DROP BISCUITS	395 160 180 160 90 80 110
<b>F R I D A Y</b>	FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN APPLE / PORK SAUSAGE PATTIES HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS	VARIES 158 VARIES VARIES 78 180 151 210 320	CAJUN SHRIMP SOUP CATCH OF THE DAY NEW YORK STRIP STEAKS TWICE BAKED POTATOES RISOTTO W/ SUN DRIED TOMATOES SAUTEED YELLOW SQUASH ROASTED ASPARAGUS POPCORN SHRIMP AND FISH BITES	410 VARIES 704 440 201 100 70 VARIES	<b>HOLIDAY MEAL FOR STUDENTS</b> <b>GALLEY CLOSED MEAL SERVED AT CLUB</b> TERIYAKI CHICKEN ON A STICK MINI CORDON BLEU / PIG IN A BLANKET CAESAR SALAD GLAZED SPIRAL HAM / FRIED CHICKEN VEGETARIAN BAKED ZITI ROASTED POTATOES / MAC AND CHEESE GREEN BEANS / CANDIED CARROTS DINNER ROLLS / FRUIT CHEESECAKE / APPLE CIDER / HOT CHOCOLATE	
	FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / MAPLE PORK SAUSAGE LINKS HASH BROWNS BUTTERMILK PANCAKES BISCUITS & SAUSAGE GRAVY	VARIES 142 VARIES VARIES 78 92/180 180 210 386	TURKEY BURGERS BEEF HOT DOGS W/ CHILI CON CARNE FRENCH FRIES CHILI AND CHEESE SAUCE POTATO SALAD STEAMED BROCCOLI TOPPINGS BAR	579  150 275 275 110 VARIES	TANDOORI CHICKEN BASMATI RICE ROATED GREEN & RED BELL PEPPERS ROASTED ASPARAGUS GARLIC NAAN	300 190 145 60 80
<b>S U N D A Y</b>	FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS TURKEY / PORK SAUSAGE LINKS GOLDEN HASH BROWNS PATTIES FRENCH TOAST W/ BUTTER & SYRUP	VARIES 110 VARIES VARIES 78 180 151 210	EGGS & OMELETS TO ORDER CORNED BEEF HASH / SAUSAGE WAFFLES W/ BUTTER & SYRUP GRILLED CHICKEN STREET TACOS CHARRO BEANS ELOTE CORN TOPPINGS BAR	VARIES 320/180 210 210 150 177 VARIES	PRIME RIB RED WINE AU JUS LONG GRAIN WILD RICE ROASTED SWEET POTATO WEDGES STEAMED LIMA BEANS CHUCKWAGON BLEND FRENCH BREAD	350 75 180 63 98 87 80

Week 3

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:  CSC E. S. Sanchez Dining Facility Supervisor	Reviewed By:  CSCS N. E. Mogan Food Service Officer	Approved By:  Captain J. D. Burch Commanding Officer
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